

Breakout Room Discussions

BREAKOUT ROOM: Peer Reflections

What strategies or projects can be spread to improve peer leadership & engagement?

- Dedicated dry shelters for individuals who want to detox and stay away from others who are still using substances (peer led?).
- Peer mentorship.
- Frustrations around having to do “grunt work” when their skills could be much better utilized: what are our ideas for ensuring folks’ skills are used the way the program was intended?
- Connection with health and being able to hire peer support past 5pm hospital hiring a peer support worker.
- Weekends and holidays and an overlap transition shift change passing on info.
- Having a middle man between doctor and patient.
- Consistent updates and exchange with peer support.
- Transition from hospital back to community.
- Having a place to be after hospital or wherever having someone there or a place to be.
- Housing a huge part.
- Safe place to go and supports or whatever someone needs to not be alone where overdose can be prevalent.
- Base support on how many people in community.. How many support staff to hire for hospital.
- Opportunities for mentorship between groups
- Opportunities for peer leaders to meet in person, has helped to build relationships.
- Support leadership training opportunities
- Sustainable funding for peer leadership roles.
- Alignment between CATs and other community/municipal/regional leadership
- Include peer leaders formally at government decision-making tables (co-created engagement plan)
- Opportunities for peer lead plans and actions need to be taken as seriously as other sources of income – offer meaningful employment! - leads to self-fulfillment.
- Provide leadership for other peers
- Health authority - support with prescribers and peers together in the ER to provide safer supply harm reduction and help to develop those relationships.
- More training for peers and Health authority.

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- Does Naloxone lose its potency in heat and do we need to look at alternatives or some other way to deal with it?
- Should the Naloxone be held in the coolers with the waters when going out to deliver?
- In the inner city, they have a great relationship with the Ministry of Health
- Reaching out to give people leadership and hope is a lifestyle – more training and awareness for peers
- More supports

- Peers have the answer to that question – we need to be asking peers – peers need to be the leaders in this.
- More support for the peers that are showing leadership – checking in with peers and asking what they need – funding