# **Teamwork and Communication Action Series**

## **ACTION PERIOD GUIDE**

## **Webinar 3: Strategies for Structured Communication**

### By the end of this session, participants will be able to:

- Identify elements of different structured communication tools that support effective teamwork.
- Implement and use a structured communication tool with their team.

### **Summary of webinar content:**

**Structured Communication** 

- The challenge of spoken language
- Structured communication tools
  - Mnemonics (SBAR and beyond!)
  - Huddles
  - o 3Ws

## **Your Action Period Learning Application**

Instructions: We invite you to review all the structured communication tools described below. Your required Action Period work is to pick at least <u>one</u> to trial as a team and submit the corresponding worksheet to <u>culture@bcpsqc.ca</u> by May 22.

Activity: Trial structured communication tool (Pick one) (estimated time is 30 – 45 min)

Structured communication tools assist in reducing patient adverse events and increasing teamwork and communication on teams. As a team, choose ONE structured communication tool (SBAR, Huddles or 3 W's) to trial and send us your completed worksheet.

#### SBAR

- Trial using SBAR with your team.
- Complete the SBAR worksheet attached to guide you and *submit one example per team to culture@bcpsqc.ca by May 22*.
- With each SBAR interaction you practice, take notes on what could be improved. Doing it over and over will help them become better and better.
- If you are already utilizing SBAR, what are the ways it can be improved?
- If you would like more detailed instructions and information on SBAR check out the attached document.
- Once you have had a chance to practice using SBAR a few times, discuss the trial and how you can continue to use the tool.



\*\*see attachment **SBAR Backgrouder.pdf** in the attachment tab on the left to open the file



\*\*see attachment **SBAR Worksheet.pdf** in the attachment tab on the left to open the file

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### **Huddles**

- Trial implementing a huddle within your team.
- Complete the huddle worksheet attached to guide you in setting up your huddle structure and submit one worksheet as team to <a href="mailto:culture@bcpsqc.ca">culture@bcpsqc.ca</a> by May 22.
- With each practice huddle, take notes as to what could be improved. Doing it over and over will help them become better and better.
- If you are already doing huddles, how can they be improved?
- If you would like more detailed instructions and information on huddles, check out the attached document.
- Once you have had a chance to practice using huddles a few times, discuss the trial and how you can continue to use the tool.



\*\*see attachment **Huddle Backgrounder.pdf** in the attachment tab on the left to open the file



\*\*see attachment **Huddle Worksheet.pdf** in the attachment tab on the left to open the file

## Three W's

- Trial implementing the Three Ws within your team.
- Complete the Three Ws worksheet attached to guide you and *submit one example per team to culture@bcpsqc.ca by May 22*.
- With each interaction using the Three Ws, take notes on how the tool could be improved and make modifications accordingly.
- Discuss the trial and how you can continue to use the tool.



\*\*see attachment **Three Ws Worksheet.pdf** in the attachment tab on the left to open the file

Resources needed for this action: reminder – you only need to pick one tool to implement

- SBAR worksheet and guide attached
- Huddle worksheet and guide attached
- Three Ws worksheet attached

# **Teamwork and Communication Action Series**

The next **coaching webinar** is **May 16 from 2-3pm**. There is no formal agenda. These webinars are meant to provide a space to ask questions about topics you want more information on, share your experiences or discuss a tricky situation you want to talk through. We also invite you to send us your questions in advance so we can prepare our response and/or keep your questions anonymous. An organizational development consultant who works with the Council will also be on hand to provide group support.

#### **Additional Resources:**

If you are interested in doing some further reading on the topics we covered today, here are a few articles that we recommend.



\*\*see attachment Introduction of SBAR into Nursing Practice\_A

Prospective Study.pdf in the attachment tab on the left to open the file



\*\*see attachment **The problem with hands off communication.pdf** in the attachment tab on the left to open the file