

CAT KNOWLEDGE EXCHANGE

MEETING: OCT 29, 2020



BC PATIENT SAFETY & QUALITY COUNCIL



KEEP LIFTING each other UP

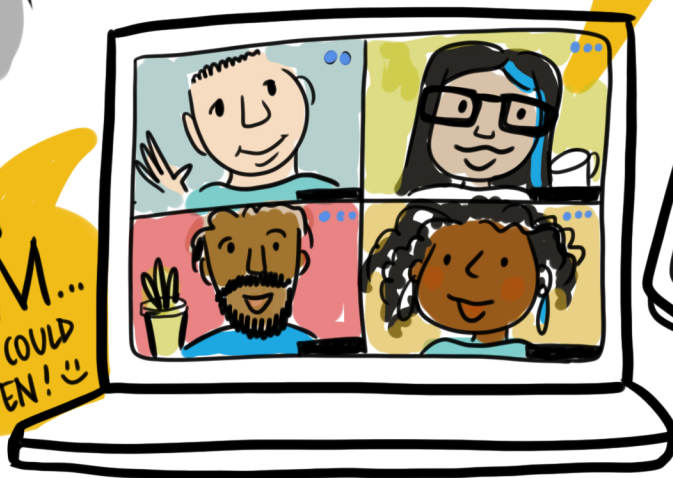


Set aside what you don't need, today...

CONNECT

...and stay connected!

Impromptu networking activity



We're on ZOOM... ANYTHING COULD HAPPEN! 😊



WHO ARE YOU?
WHERE ARE YOU?
WHAT ARE YOU NERVOUS + EXCITED ABOUT?

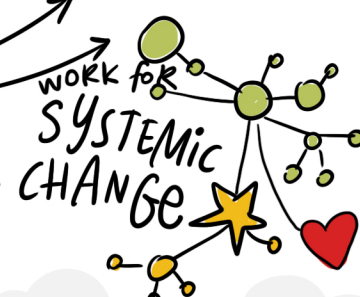
"LIBERATING STRUCTURES"
WISE CROWDS: CHALLENGE

HOW CAN WE BEST engage PEERS?



SOME SOLUTIONS:
Living Wages for PEERS
recognize EXPERTISE
LISTEN to PEERS - and ANSWER the CALL to ACTION!

Have the UNCOMFORTABLE conversations!



♥ BUILD TRUST
♥ SHARE UNDERSTANDING
♥ REAL SOLUTIONS

HELPING EACH OTHER TO SHARE CHALLENGES AND SOLUTIONS

LIFT UP YOUR VOICE UNTIL YOU SOAR

CATs are ACROSS BC



THE MINISTRY is COMMITTED TO SUPPORTING COMMUNITY... including 35 CATs!

COVID is AMPLIFYING RISKS FOR PEOPLE WHO USE SUBSTANCES...



Justine Patterson
Executive Director,
Overdose Emergency Response
Centre, Ministry of Mental
Health + Addictions

LISTENING

to people with LIVED EXPERIENCE + THEIR FAMILIES



Make meetings about PARTICIPATION!



"thinking about the CAT knowledge exchange...
... One place I think I will use these skills and tools is _____"

YOU HAVE SURVIVED 100% OF YOUR WORST DAYS...

IN THIS MEETING - REACH OUT TO THE SUPPORT TEAM

★ tools: LIBERATING STRUCTURES.COM



"I am not ALONE..."