

Type 2 Diabetes Dialogue Day

Connecting on Innovation in Type 2 Diabetes

NOVEMBER 22, 2022 | 0830 – 1630 PT
VIRTUAL



Objectives:

Emerging practice - Share emerging and leading type 2 diabetes practices that support prevention, access, management and patient empowerment.

Connection - Foster connections between stakeholders to build relationships and to facilitate collaboration across BC.

Network and Mobilize - Collaborate on building and strengthening the BC type 2 diabetes network to facilitate knowledge sharing and inspire action for innovation and continuous improvement.

TIME	TOPIC / ACTIVITY	SPEAKER
0830 - 0845	Territorial Acknowledgement & Welcome	<p>Mark Matthew, Director of Indigenous Health BC Patient Safety & Quality Council</p> <p>Marc Pelletier, Chief Executive Officer Institute for Health System Transformation and Sustainability</p> <p>Colleen Kennedy, Executive Director of Health System Improvement BC Patient Safety & Quality Council</p>
0845 – 0900	Getting to Know You: Group Check-In and Networking	All
0900 – 0950	<p>Informing a Framework for Diabetes in Canada</p> <p>From January to May 2023, key informant interviews, public dialogues and a survey were conducted to engage people with a connection to diabetes in Canada. Learn about what we heard from participants regarding the challenges and opportunities to improve the lives of people living with diabetes and the people supporting them.</p> <p>Framework for Diabetes in Canada</p> <p>This presentation will provide an overview of the Framework for Diabetes in Canada, which was tabled by the federal Minister of Health in Parliament on October 5, 2022.</p>	<p>Diane Finegood, Professor and Fellow Morris J. Wosk Centre for Dialogue, Simon Fraser University</p> <p>Annie Comtois, A/Executive Director, Centre for Chronic Disease Prevention and Health Equity Public Health Agency of Canada</p> <p>Pam Turpin, A/Director, Policy & Engagement Division Public Health Agency of Canada</p>
	Q&A	All

1010 – 1115

AMPLIFYING ACCESS**Embedding Equity in our Diabetes Dialogues**

Learn about equity considerations in diabetes prevention and/or care through several dimensions, including barriers and enablers to care.

Amplifying Access in Diabetes Care with Nuu-chah-nulth Peoples

NTC's innovative approach to virtual care allows community members living with diabetes to access a virtual Endocrinologist with the support of an in-community RD/CDE. Access to diabetes technology, including CGMs and in-community CDE has resulted in improvements in HbA1c, Time in Range, and patient reported quality of life. Paul Sam (Ahousaht) will also share his diabetes journey.

Building Community through the Power of Food

Learn about what a Community Food Centre (CFC) means to local communities and how a national network is making changes across the country. Through the power of access, skills and education, community members have the ability to facilitate positive changes in their own lives.

Q&A

Geoff McKee, Public Health Physician, Medical Director for Population and Public Health at BCCDC, Clinical Instructor at UBC School of Population & Public Health
Bushra Mahmood, Health System Impact Fellow | BCCDC

Rachel Dickens, Registered Dietitian and Certified Diabetes Educator | Nuu-chah-nulth Tribal Council

Dawn Christie, Manager | Mount Paul Community Food Centre, Kamloops BC

All

1115 – 1145

Diving in on the Domains of Equity: Generating novel ideas**All**

1145 – 1230

LUNCH

1230 – 1245

Getting to Know You: Speed Networking**All**

1245 – 1400

BUILDING BRIDGES**Prevention and Remission: Twin hopes against the slippery slope of type 2 diabetes**

Learn about primordial and primary prevention strategies that are scalable using digital technology, and how they are urgently needed to halt the burgeoning tsunami of type 2 diabetes. For individuals with early type 2 diabetes, the standard of clinical care in Canada needs to evolve to include the option of remission utilizing low-calorie meal replacements or bariatric surgery.

Simplifying Glucose Management: The use of glucose sensors for type 2 diabetes

Learn about how continuous glucose monitoring sensors can be used by you and your health care team to develop strategies to manage your diabetes to the next level.

Harpreet Bajaj, Endocrinologist, and Medical Director of Endocrine & Metabolic Research | LMC Healthcare, Canada

Philip Powell, Registered Nurse and Certified Diabetes Educator | St. Paul's Hospital, Vancouver BC

BUILDING BRIDGES (continued)

In-the-Moment Health Coaching to Prevent or Delay Type 2 Diabetes: An Alberta virtual diabetes prevention program

Learn about this pilot that aims to provide Alberta with diabetes prevention programming that is cost-effective and evidence-based, allowing for equitable access for all Albertans.

Q&A

Peter Sargious, Physician, Senior Medical Director of the Diabetes, Obesity & Nutrition Strategic Clinical Network and Associate Professor of Medicine, University of Calgary

Catherine Joseph, Manager, Diabetes, Obesity and Nutrition Strategic Clinical Network | Alberta Health Services

All

1400 – 1415

BREAK

1415 – 1500

CRAFTING CARE

Making Care Count: Serving people with complex health needs

Learn about individualizing care to meet the complex and unique needs of patients and how to ensure they access the appropriate services and follow up.

Mental Health and Wellness Trumps Diet (and Everything Else) in Managing Type 2 Diabetes and Maintaining a Healthier Body Weight

Learn about how a publicly funded, primarily group-based program has been helping complex patients with obesity and diabetes to achieve better mental wellness along with improvements in health and body weight.

Q&A

Lisa Maks, Clinical Nurse Specialist | St. Paul's and Mount St. Joseph Hospitals, Vancouver BC

Michael Lyon, Clinical Lecturer, UBC Faculty of Medicine, Department of Family Practice and Medical Director, Obesity Medicine and Diabetes Institute, Coquitlam BC

All

1500 – 1530

Moving to Action

All

1530 – 1545

Closing and Acknowledgments

Marc Pelletier, Chief Executive Officer | Institute for Health System Transformation and Sustainability

Mark Matthew, Director of Indigenous Health | BC Patient Safety & Quality Council

Register for the Type 2 Diabetes Dialogue

bcpsqc.ca/event/type-2-diabetes-dialogue-2022-connecting-on-innovation-in-type-2-diabetes/

Sign up for the Type 2 Diabetes Network

bcpsqc.ca/diabetes