

# SUBSTANCE USE TREATMENT JOURNEY MAP: What do Providers treating Indigenous Peers Experience?



## ACCESSING HELP

- UNDERLYING ISSUES**
- Stolen Children
  - Intergenerational Traumas
  - Colonization Impacts & Residential Schools

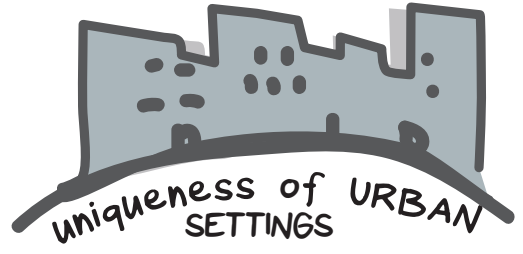
- Being seen as Indigenous and "less than"...
- We're in CRISIS + it's not being ADDRESSED

people are **NAIVE** / **IGNORANT** of the **TRUTH** about Indigenous **HISTORIES** ? ? ?

I HEAR you're ready to GET HELP BUT...



- COST + LOCATION
- How to support with NO RESOURCES?
- Most services are in the Lower Mainland
- Is there transportation?
- Tools to treat pain due to spiritual, historical trauma?

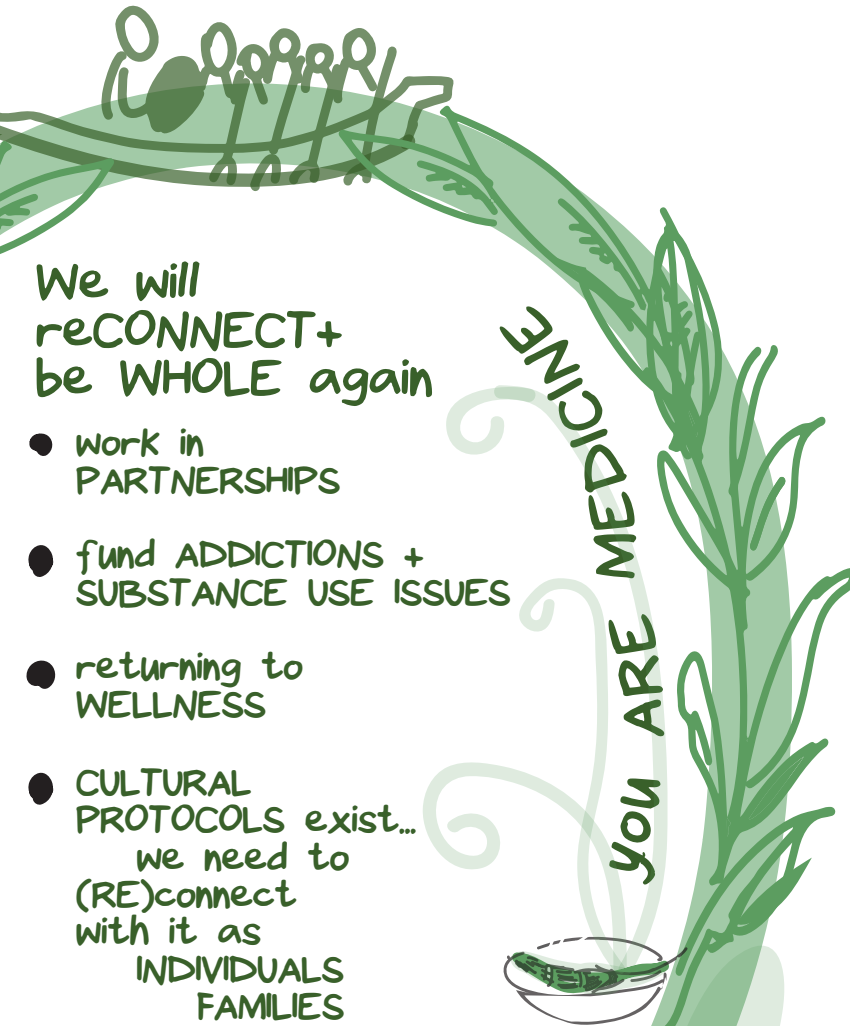


leaving — **OUTSIDE COMMUNITY**

or staying — **IN COMMUNITY**

Leaving a community may or may not be a choice...  
Who watches the kids?  
Pays bills?

HOW do WE KEEP GOING?



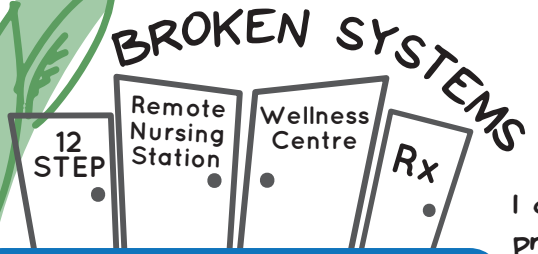
We will **reCONNECT** + be **WHOLE** again

- Work in **PARTNERSHIPS**
- fund **ADDICTIONS + SUBSTANCE USE ISSUES**
- returning to **WELLNESS**
- **CULTURAL PROTOCOLS** exist... we need to (RE)connect with it as **INDIVIDUALS FAMILIES NATIONS**

**YOU ARE MEDICINE**

## ENTRY POINTS

- Is the clinic **SAFE**?
- What is the **ACCESS**?
- Who's the **ONE** person to **HELP**?
- Focus on **NURSES** doing initial assessment



**DECLARED**

I can only provide **ONE** small thing

...would Suboxone help them stay at home?

I care deeply but don't have **TIME** to develop the healing relationship you need

as a provider this is **exhausting**

...I'm not a social worker

I have to learn all the **WAYS** to get the **INCOME SUPPORTS** you **NEED**

PNP application

**NOT DECLARED**

I feel caught between treating pain + enabling addiction

How do you create opportunity to get that person to return?

- excuse for bloodwork



**TREATMENT CENTRES**

DETOX

Stabilization

NO AFTER CARE PLAN

system is **UNDERFUNDED**

**DISCONNECTION WHEN PEOPLE RETURN HOME**

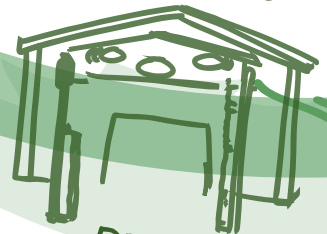
- HIGHLY VARIABLE** in drug testing + protocol, right treatment is almost **LUCK**
- Non-regulated environment
- What is the referral process?
- Doctors can pick + choose who they see
- Who can refer?

returning **HOME** are **TRIGGERS** still **THERE**?



**ELDER'S**

FIND A WAY IN **URBAN CENTRES**



RECONNECTING

we **KNOW** our **WAYS**



**FAMILY SUPPORTS ARE KEY**

OUR **CULTURE** is who we ARE + it was **STOLEN**

**CULTURE**

**CULTURE**