#### Building trust + shifting culture

OUD in the ED: People-centred care

#### Introductions

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#### Why we're here

Difficult interactions as fuel + experience as knowledge

# What is "people-centred care"?

Shifting the way we interact -ED as a trusted site of community OUD care

# Helping people with OUD: How to be effective

Trauma-informed care & doing less harm

# Helping people with OUD: How to be effective

Good customer service skills can help

## Helping people with OUD: How to be effective

Using transparency & vulnerability to build trust

### Let's pause...

Questions or comments?

## Making an impact: Your work matters

Generating hope when situations feel uncertain or unknown -- How?

#### Care of self & others

Self-care increases capacity for community care

#### Questions?