# Better care for people who use opioids

# One ED's journey: St. Paul's Hospital (SPH)

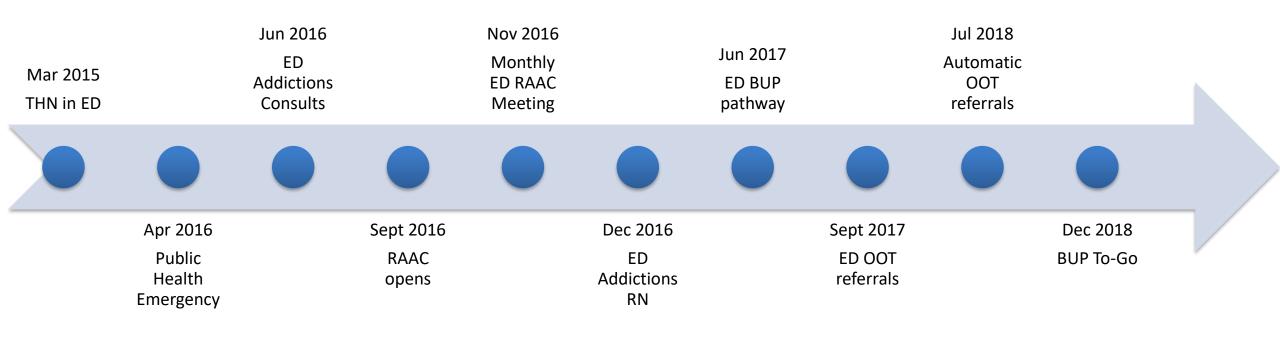
Andrew Kestler, MD & very big team of amazing people

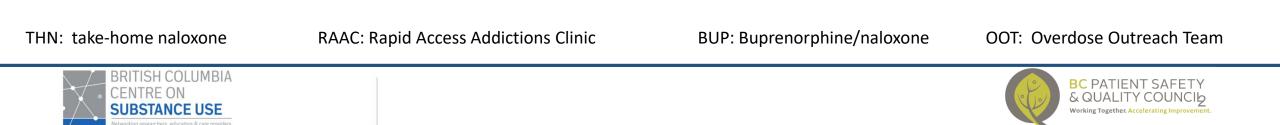






# SPH ED Services for PWUD

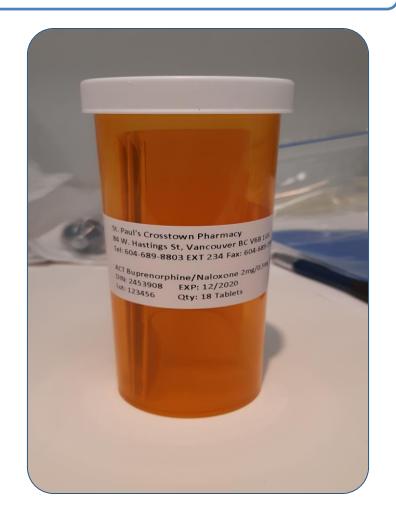




#### Increasing emergency department based opioid agonist therapy initiation



To double dispensing of buprenorphine/naloxone to-go (BTG) starter packs at St. Paul's (SPH) Emergency Department (ED) from 5 to 10 packs/month by May 31, 2020 to help more people who use opioids start a life saving treatment







## Accomplishments

- BUP Learning Hub course launched by • Emma Garrod
- RN & MD training increased •
- IT setbacks (Cerner) overcome ullet
- Patient survey completed ۲

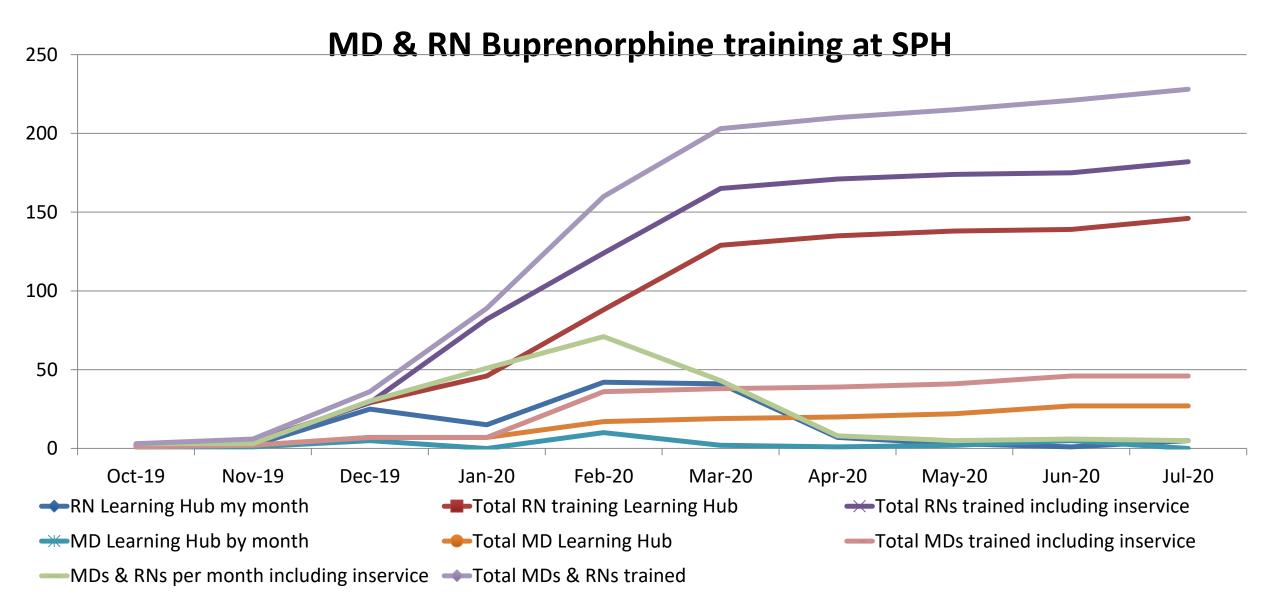
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|---|---|---|---------------------------|-----------------------|-------------|------------|--------|
| Q Buprenorphine-naloxone (sub   | oxone)  |   |                           |                       | 2           | Search Cou | urses  |
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|   |   |   |                           |                       |             |            |        |
| Register  | Bupre   | norphine-   | naloxono                  | e (subox              | one         | )          |        |
|   |   | eLearning Course                                    | () 30 minutes             | 👔 Clinical            |             |            |        |
| Course Overview<br>Contact Info   | This course is designed to provide health care providers in different clinical settings (ie. primary care,<br>emergency department, urgent care centres) with an understanding of buprenorphine-naloxone (suboxone)<br>pharmacology and how to support patients starting this medication both in clinical settings and with to-go |   |                           |                       |             |            |        |
| HEALTH CARE<br>How you want to be treated.  | kits. This is not comprehen<br>prescribe outside of ED set<br>through UBC CPD online le<br>consult your site-specific p   | tings need to take the<br>earning. There will be se | Provincial Opioid Ad      | ddiction Treatmen     | t Support   | Program    |        |
|   | Access Dates  | No end date   |                           |                       |             |            |        |
|   | 🧕 Target Audience   | Nurses, pharmacists<br>on buprenorphine-n           | •                         | health care staff     | supporting  | g patients | \$     |
|   | () Course Length  | 30 minutes  |                           |                       |             |            |        |

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# Course Code



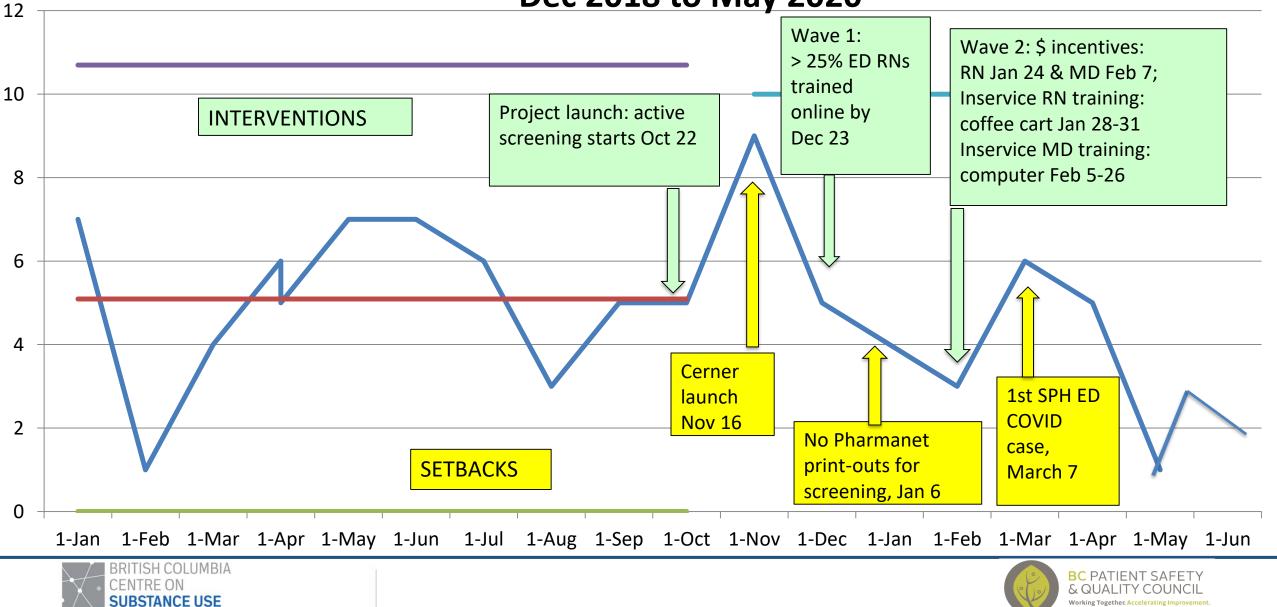








#### Buprenorphine/naloxone To-Go Packs Dispensed at SPH ED Dec 2018 to May 2020



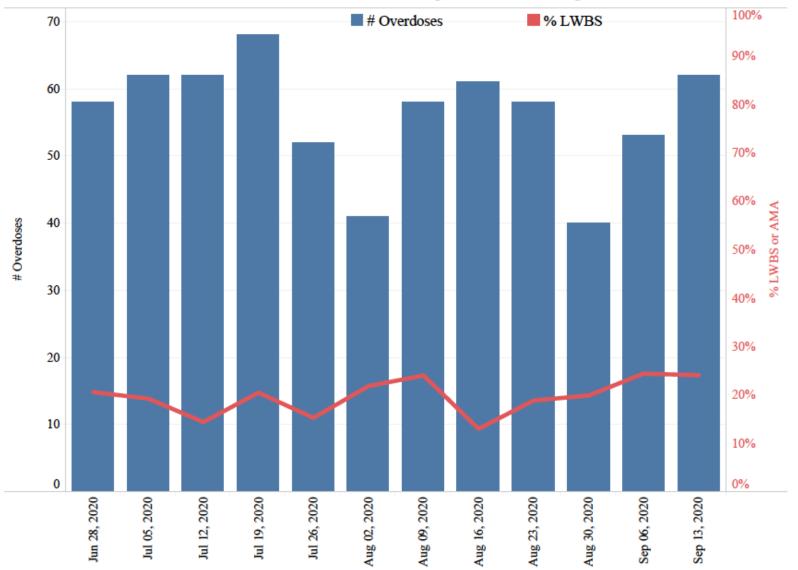
# Patient survey: a mixed bag

#### 90 people not currently on OAT

- 79% thought EDs should offer BTG
- 65% felt stigma affected their care
- 27% wanted BTG
- Quote
- Do "more of what you are doing" & offer "different treatment for different users"







Number of SPH ED Overdose Visits and % Left Without Being Seen (LWBS) or Against Medical Advice (AMA)

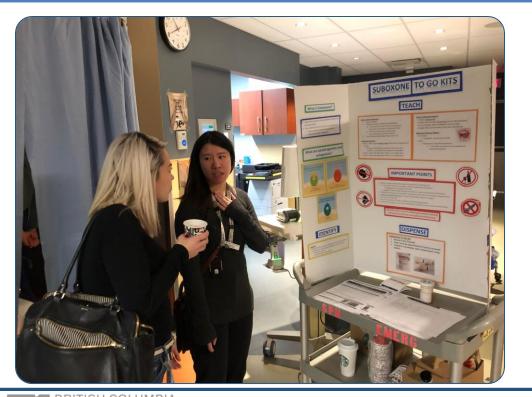
Prepared by Public Health Surveillance Unit, Vancouver Coastal Health





### Lessons Learned

- Active patient screening works
- Incentives boost training & in turn, uptake
- Expect disruptions: Cerner, COVID-19
- 2 steps forward, 1 step back



## Next Steps

- Services should be comprehensive
  - BTG is not enough
- Expand services at Mt. St. Joseph Hospital
  - Demand may be saturated at SPH
- Act on patient survey
  - Address stigma
- Planned QI measures
  - Electronic screening & reminders
  - More training for staff
  - Patient/peer representative
  - Timely performance metrics



## Acknowledgements & Thanks to the Team (over the years)

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