



Creating Safe Spaces: Indigenous Cultural Safety in Opioid Use Disorder Care - Resource Summary

This resource summary is a collation of pre- and post-learning materials curated by the facilitation team, with the addition of resources shared by panelists during the webinar. Questions? Contact us: loud@healthqualitybc.ca.

MENTIONED RESOURCES

- In Plain Sight Full Report & Summary Report: A recent report sharing the collected experiences of over a thousand
 Indigenous people both using and working in the health care system, including findings and discussions about gaps
 in care, supports, and leadership that affect the social, physical, mental and spiritual wellbeing of Indigenous
 peoples.
- <u>Remembering Keegan: A BC First Nations Case Study Reflection:</u> A detailed case study about Keegan Combes of Skwah First Nations, and his experiences of culturally unsafe care surrounding his passing and the devastating impact of systemic racism.
- FNHA Toxic Drug Crisis Data: Infographics displaying data collected by the First Nations Health Authority to show the impact of the toxic drug supply crisis on First Nations people in BC.
- Modelling change and cultural safety: A case study in northern British Columbia health system transformation by
 <u>Margo Greenwood (Article)</u>: An article that discusses the unjust, collective realities of Indigenous peoples as a result
 of historical and ongoing colonialism, and what needs to be done on a structural, systemic and individual level to
 create genuine health system change.
- Not Just Naloxone Program: A two-day program designed to teach people about how to have substance use safety conversations with First Nations communities, hosted by FNHA.
- Indigenous Patient-Centred Measurement (PCM): Read about work being done by the Indigenous Advisory
 Committee to explore how Indigenous knowledge, experiences and ways of knowing can inform and decolonize
 current PCM processes (i.e., survey tool selection and development, data collection processes, analysis, etc.)
- <u>BC HSO Cultural Safety and Humility Standard</u>: A document to help governing body members and organizational leaders identify, measure, and achieve culturally safe systems and services that better respond to the health and wellness priorities of First Nations, Métis, and Inuit peoples and communities, regardless of where they are located.

ADDITIONAL RESOURCES

- Opioid Agonist Therapy Journey Maps (2023): Visual and narrative descriptions of conversations with community members, prescribers, primary care team members, and People With Lived & Living Experience (PWLLE) about accessing OAT in BC, including an Indigenous-specific PWLLE journey map here.
- FNHA Mental Health & Substance Use Supports & Other Resources
- <u>Culturally Safe Engagement: What Matters to Indigenous (First Nations, Metis and Inuit) Patient Partners:</u> This
 companion guide was created after an engagement day where we heard from Indigenous patient partners about
 what makes them feel comfortable and safe during engagements.
- Sharing Concerns: Principles to Guide the Development of an Indigenous Patient Feedback Process: A list of
 principles after a provincial dialogue intended to lay the foundation for creating a safe, accessible and meaningful
 process for Indigenous patients and families to share their experiences within BC's health system.

WANT TO LEARN MORE?

<u>National Collaborating Centre for Indigenous Health – Cultural Safety Collection:</u> A thorough **repository** of resources — from initiatives, to policies, strategies, and more — related to addressing inequitable access to health and social services experienced by First Nations, Inuit and Métis Peoples due to facing racism, discrimination and marginalization.

