



## OAT in Primary Care: Prescribers Joint Connect – Resource Summary

This resource summary is a collation of pre- and post-learning materials curated by the facilitation team, with the addition of resources shared by panelists during the webinar.

A list of **Opioid Agonist Therapy Communities of Practice** are listed on the last page of the document.

If you have any questions, please contact [loud@healthqualitybc.ca](mailto:loud@healthqualitybc.ca).

### LOUD in Primary Care Collaborative

- **LOUD in PC Change Package**: Includes a driver diagram of change ideas sourced from clinicians, leaders, and People with Lived & Living Experience regarding the improvement of OAT access in BC.
- **LOUD in PC Measurement Package**: Linked to the LOUD in PC Change Package and provides a measurement strategy related to OAT Access improvement efforts.
- **Opioid Agonist Therapy Journey Maps (2023)**: Visual and narrative descriptions of conversations with community members, prescribers, primary care team members, and People With Lived & Living Experience about accessing OAT in BC.

### Clinical Guidance & Supports

- **BCCSU OUD Guideline**: Guideline for the Clinical Management of Opioid Use Disorder (OUD).
- **BCCSU Opioid Use Disorder Guideline: Clinical Summary Resource**: Mobile-friendly summary resource for clinicians.
- BCCSU Quick Resources (2-4 pages each):
  - **Buprenorphine/naloxone**
  - **Methadone**
  - **Slow-release Oral Morphine**
  - **Extended-release Buprenorphine Guidance**
- **BCCSU 24/7 Support Line**: Addiction Medicine Clinician Support Line available 24/7, 365 days a year.
- **RACELine**: Rapid Access to Consultative Expertise – Addiction Specialists **\*for physicians only\***.
- **Clinical Opiate Withdrawal Scale**: The COW Scale is a validated tool for the assessment of opiate withdrawal and can help with clinical decision making with respect to OAT initiation and titration. This can be built into Electronic Medical Records for use in the clinical setting.
- **Brief Pain Inventory**: Used by the physician panelist to assess pain while concurrently treating substance use disorders.
- **Pain BC**: Helpful resource for clinicians and patients when managing pain while concurrently treating substance use disorders.
- **Pathways**: Online resource for clinicians and their teams to current & accurate referral information, alongside clinical resources, and community service information.

### Education

- Provincial Opioid Addiction Treatment Support Program - Education & Training Pathway.
  - **Physicians and Nurse Practitioners' Education & Training Pathway**
  - **Authorized RN and RPN Education and Training Pathway**



- **[Harm Reduction Toolkit](#)**: Hosted by the Community AIDS Treatment Information Exchange (CATIE), this harm reduction fundamentals course is divided into 4 self-paced modules. This free toolkit provides foundational information on harm reduction for service providers working with people who use drugs.

## Indigenous Cultural Support & Engagement

- **[San'Yas Anti-Racism Indigenous Cultural Safety Training Program](#)**: Indigenous-led and developed program created in response to a Provincial mandate in 2008 calling for cultural competency training in the Health Sector in BC.
- **[Culturally Safe Engagement: What Matters to Indigenous \(First Nations, Metis and Inuit\) Patient Partners](#)**: This companion guide was created after an engagement day, where we heard from Indigenous patient partners about what makes them feel comfortable and safe during engagements.
- **[Not Just Naloxone Program](#)**: This two-day program is designed to teach people about how to have substance use safety conversations with First Nations communities, hosted by FNHA.
- **[Addiction Practice Podcast](#)**: BCCSU podcast designed for health care providers in BC that goes over approaches to addiction and substance use care. Now in their fourth season, they are dedicating all of their episodes to the care of Indigenous people and communities as they relate to substance use.

## Patient Engagement

- **[What Matters to You](#)**: These resources curated by HQBC include tools and guides to meaningful and sustainable patient engagement in clinical settings.
- **[Conversations that Matter One Pager](#)**: Part of the What Matters to You campaign, it helps to guide clinicians in meaningful engagement with patient partners.
- **[Self-Management BC](#)**: This resource is useful for patients who would like more information, education, and support about pain management and substance use.
- **[Substance Use: Foundry Patient Resources](#)**: Foundry BC supports the care of youth and young adults aged 12-24 as well as their caregivers, with a focus on mental health and substance use disorders. Their website has resources for young patients as well as referral information for youth and young adults.

## Community Supports

- **[Community Action Initiative](#)**: Community Action Teams can be found across the province and are designed to help communities develop partnerships to provide focused, action-oriented strategies that will help to address the overdose crisis on a local level.
- **[Moms Stop the Harm](#)**: A network of Canadian families impacted by substance use-related harms and deaths.



## Communities of Practice for OAT Prescribers

Host	Eligibility	Contact	Email
<b>BC ECHO on Substance Use</b>	All prescribers welcome, designed for primary care. <a href="#">More Info</a>	<a href="#">Online Registration</a>	<a href="mailto:bcechoonsubstanceuse@bccsu.ubc.ca">bcechoonsubstanceuse@bccsu.ubc.ca</a>
<b>Provincial CoP for Nurses</b>	All nurses with certified practice in OUD care	Jill Murray	<a href="mailto:jill.murray@gov.bc.ca">jill.murray@gov.bc.ca</a>
<b>Shared Care Community of Practice</b>	Any clinicians with an interest in youth mental health & substance use care. <a href="#">More Info</a>	Sonia Virk	<a href="mailto:svirk@doctorsofbc.ca">svirk@doctorsofbc.ca</a>
<b>OAT Force WhatsApp Chat Group</b>	Peer-Support & Team Support for those who prescribe OAT (chat group mentioned by Dr. Yang in the session)	Dr. Lawrence Yang	<a href="https://chat.whatsapp.com/C9qyalu9Fz358sq0NqrPIF">https://chat.whatsapp.com/C9qyalu9Fz358sq0NqrPIF</a>
<b>Fraser Health Authority OAT Prescribers</b>	All existing and prospective OAT prescribers in the Fraser Health Authority region	Dr. Sharon Vipler	<a href="mailto:sharon.vipler@fraserhealth.ca">sharon.vipler@fraserhealth.ca</a>
<b>Interior Health Authority OAT Prescribers</b>	Any OAT prescribers in the Interior Health Authority region (including non-health authority organizations)	Daniel Grigat	<a href="mailto:daniel.grigat@interiorhealth.ca">daniel.grigat@interiorhealth.ca</a>
<b>Island Health Authority OAT Prescribers</b>	All OAT prescribers in the Island Health Authority region (including non-health authority organizations)	Amanda Chapman	<a href="mailto:amanda.chapman@islandhealth.ca">amanda.chapman@islandhealth.ca</a>
<b>Northern Health Authority OAT Prescribers</b>	All OAT prescribers in the Northern Health Authority region	Cassandra Baker	<a href="mailto:cassandra.baker@northernhealth.ca">cassandra.baker@northernhealth.ca</a>