



## OAT & OUD for Non-Prescribers in Primary Care

This resource summary is a collation of pre- and post-learning materials curated by the facilitation team, with the addition of resources shared by panelists during the webinar.

If you have any questions, please contact [loud@healthqualitybc.ca](mailto:loud@healthqualitybc.ca).

### LOUD in Primary Care Collaborative

- **[LOUD in PC Change Package](#)**: Includes a driver diagram of change ideas sourced from clinicians, leaders, and People with Lived & Living Experience regarding the improvement of OAT access in BC.
- **[Opioid Agonist Therapy Journey Maps \(2023\)](#)**: Visual and narrative descriptions of conversations with community members, prescribers, primary care team members, and People With Lived & Living Experience about accessing OAT in BC.

### Clinical Guidance & Supports

- **[BCCSU Opioid Use Disorder Guideline: Clinical Summary Resource](#)**: Mobile-friendly summary resource for clinicians.
- **[BCCSU 24/7 Support Line](#)**: Addiction Medicine Clinician Support Line available 24/7, 365 days a year.
- **[Clinical Opiate Withdrawal Scale](#)**: The COW Scale is a validated tool for the assessment of opiate withdrawal and can help with clinical decision making with respect to OAT initiation and titration. This can be built into Electronic Medical Records for use in the clinical setting.

### Education

- **[BCCSU YouTube Channel](#)**: Find all BC ECHO webinar recordings and education on this channel.
- **[UBC Health YouTube Channel](#)**: Find introductory courses to better understand substance use care.
- **[Substance Use & Addiction 101](#)**: BCCSU Webinar Recording about the toxic drug crisis and substance use for prescribers and non-prescribers (57 minutes, YouTube).
- **[Opioid Use Disorder in Primary Care](#)**: Component of the BCCSU's Webinar, outlining the role of primary care teams in the management of OUD in BC (19 minutes, YouTube).
- **[Unregulated Drug Poisoning Emergency Dashboard](#)**: BCCDC Dashboard with current information about the toxic drug poisoning data.
- **[Overdose Prevention & Response](#)**: Information and Education for the public about the toxic drug crisis and related policies and harm reduction strategies.
- **[Harm Reduction Toolkit](#)**: Hosted by the Community AIDS Treatment Information Exchange (CATIE), this harm reduction fundamentals course is divided into 4 self-paced modules. This free toolkit provides foundational information on harm reduction for service providers working with people who use drugs.
- **[Harm Reduction & Substance Use Resources](#)**: This resource from Vancouver Coastal Health includes both internal and external clinician and patient resources related to harm reduction strategies.
- **[Resisting Stigma](#)**: This interactive course and virtual tour of Vancouver Coastal Health's community care spaces and stories from People With Lived & Living Experience is free and accessible online.
- **[Towards the Heart](#)**: This website is not only a resource and educational platform with videos and case studies, but also has an interactive map with locations of:
  - Harm reduction supplies/vending machines
  - Overdose prevention sites (OPS) and Supervised Consumption Sites (SCS)
  - Drug checking services



- Naloxone distribution sites
- Safer sex supplies
- **Addiction Practice Podcast:** BCCSU podcast designed for health care providers in BC that goes over approaches to addiction and substance use care. Now in their fourth season, they are dedicating all of their episodes to the care of Indigenous people and communities as they relate to substance use.
- **EQUIP Equity Action Kit:** The EQUIP Equity Action Kit is designed to help guide organizations in diverse health and social service settings who want to implement equity-oriented care.
- **The Experience Cube:** The experience cube is a helpful tool when navigating challenging conversations or providing constructive feedback about behavior.
- **Language Matters:** Educational resource from the Canadian Public Health Association.
- **Respectful Language & Stigma:** This guide created by the BCCDC with Towards the Heart & Provincial Health Services Authority was created as a guide on stigmatizing language towards people who use substances.
- **BCCDC COVID-19 Language Guide:** Guidelines for inclusive language for written and digital content, including with those who use substances.
- **Harm Reduction Starts with Caring Conversations:** Self-paced, online learning for all team members about caring for people who use substances.
- **SwitchBC Violence Prevention:** Resources and stepwise guides for maintaining safety in clinical spaces, available to all clinics in BC.
- **Alberta Family Wellness Initiative:** Public resources that help to teach and learn about the science of trauma, resilience, substance use, and more.

## Indigenous Cultural Support & Engagement

- **San'Yas Anti-Racism Indigenous Cultural Safety Training Program:** Indigenous-led and developed program created in response to a Provincial mandate in 2008 calling for cultural competency training in the Health Sector in BC.
- **Culturally Safe Engagement: What Matters to Indigenous (First Nations, Metis and Inuit) Patient Partners:** This companion guide was created after an engagement day, where we heard from Indigenous patient partners about what makes them feel comfortable and safe during engagements.
- **Not Just Naloxone Program:** This two-day program is designed to teach people about how to have substance use safety conversations with First Nations communities, hosted by FNHA.

## Patient Engagement

- **What Matters to You:** These resources curated by HQBC include tools and guides to meaningful and sustainable patient engagement in clinical settings.
- **Conversations that Matter One Pager:** Part of the What Matters to You campaign, it helps to guide clinicians in meaningful engagement with patient partners.
- **Substance Use: Foundry Patient Resources:** Foundry BC supports the care of youth and young adults aged 12-24 as well as their caregivers, with a focus on mental health and substance use disorders. Their website has resources for young patients as well as referral information for youth and young adults.
- **BCCSU Supports for Patients & Families:** Public resources for patients and families managing substance use.
- **Opioids: A Survivor's Guide:** A resource for patients and families created by the BCCSU and their partners with Lived & Living Experience.
- **From Grief to Action Coping Kit:** BCCSU guide for patients and families.



## Community Supports

- **Community Action Initiative:** Community Action Teams can be found across the province and are designed to help communities develop partnerships to provide focused, action-oriented strategies that will help to address the overdose crisis on a local level.
- **Moms Stop the Harm:** A network of Canadian families impacted by substance use-related harms and deaths.
- **Moving Forward:** Free short-term and affordable long-term counselling options to underserved communities across Canada (in-person, telephone and online).

## Communities of Practice for OAT Prescribers

Host	Eligibility	Contact	Email
<b>BC ECHO on Substance Use</b>	All prescribers & non-prescribers welcome, designed for primary care. <a href="#">More Info</a>	<a href="#">Online Registration</a>	<a href="mailto:bcechoonsubstanceuse@bccsu.ubc.ca">bcechoonsubstanceuse@bccsu.ubc.ca</a>
<b>Provincial CoP for Nurses</b>	All nurses with certified practice in OUD care	Jill Murray	<a href="mailto:jill.murray@gov.bc.ca">jill.murray@gov.bc.ca</a>
<b>Shared Care Community of Practice</b>	Any clinicians with an interest in youth mental health & substance use care. <a href="#">More Info</a>	Sonia Virk	<a href="mailto:svirk@doctorsofbc.ca">svirk@doctorsofbc.ca</a>
<b>OAT Force WhatsApp Chat Group</b>	Peer-Support & Team Support for those who prescribe OAT (chat group mentioned by Dr. Yang in the session)	Dr. Lawrence Yang	<a href="https://chat.whatsapp.com/C9qyalu9Fz358sq0NqrPIF">https://chat.whatsapp.com/C9qyalu9Fz358sq0NqrPIF</a>
<b>Interior Health Authority OAT Prescribers</b>	Any OAT prescribers in the Interior Health Authority region (including non-health authority organizations)	Daniel Grigat	<a href="mailto:daniel.grigat@interiorhealth.ca">daniel.grigat@interiorhealth.ca</a>
<b>Island Health Authority OAT Prescribers</b>	All OAT prescribers in the Island Health Authority region (including non-health authority organizations)	Amanda Chapman	<a href="mailto:amanda.chapman@islandhealth.ca">amanda.chapman@islandhealth.ca</a>
<b>Northern Health Authority OAT Prescribers</b>	All OAT prescribers in the Northern Health Authority region	Cassandra Baker	<a href="mailto:cassandra.baker@northernhealth.ca">cassandra.baker@northernhealth.ca</a>