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# Building resilient systems for surgical improvement

August 14-15, 2019 BC Patient Safety & Quality Council, BC, Canada

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#### PIONEERING | STRATEGIC | IMPACT



## Australian Institute of Health Innovation



#### • Professor Jeffrey Braithwaite Founding Director, AIHI; Director, Centre for Healthcare Resilience and Implementation Science

### • Professor Enrico Coiera Director, Centre for Health Informatics

### • Professor Johanna Westbrook Director, Centre for Health Systems and Safety Research



I would like to acknowledge the traditional custodians of the land on which we are gathered and pay my respects to their Elders both past and present. I would like to extend that respect to all Aboriginal and Torres Strait Islander peoples

# Improving surgical care in Australia



How do we improve surgical care?

# Know what the problem is, e.g. via Audit and Incident Management

# And learn from things going right as well as wrong ...

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# Improving surgical care in Australia



#### Australia has a number of statutory expert committees, e.g.

1. SCIDUA (Special Committee Investigating Deaths Under Anaesthesia)

a. Audit of patients in NSW who died relating to an incident occurring during anaesthesia – deaths within 24 hours

- 2. CHASM (Collaborating Hospital's Audit of Surgical Mortality)
  - a. Audit of patients who died under the care of a surgeon deaths within 30 days of operation
  - b. Managed by surgeons, for surgeons

## **SCIDUA: Example of findings**



	NSW	National
1960	1:5,500 - 1:8,000	
1970	1:10,250	
1984-1990	1:20,000	
1991-1993	1:55,000	1:68,000
1997-1999	1:38,000	1:79,500
2006-2010	1:32,600	

Estimated Anaesthetic mortality per administration

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[Source: Provided by Professor Cliff Hughes, AO]

# CHASM: Reported changes in University Surgical management of patients



Proportion of audited deaths with consultant surgeon in theatre (operating, assisting or supervising)

Year of death

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[Source: Provided by Professor Cliff Hughes, AO]



## Improving surgical care in the Province

## Improving surgical care



AUSTRALIAN INSTITUTE OF HEALTH INNOVATION Faculty of Medicine and Health Sciences "Our vision for surgical care in BC is to use evidence-based, data-driven programs, to decrease complications and infections, and provide better outcomes for the 200,000 British Columbians who undergo surgery each year."

> [Source: BC Patient Safety & Quality Council (2019) Surgical Improvement. https://bcpsqc.ca/improve-care/surgical-improvement/]



## Improving surgical care



- Surgical Quality Action Network (SQAN) engage patients and track and evaluate patient outcomes through the National Surgical Quality Improvement Program
- Nearly **450 health care providers** have joined SQAN

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## Improving surgical care



- Saved more than 12,000 bed days over a 5 year period
- Coordinates and aligns with Ministry of Health's Surgical Services Strategy, the Surgical Action Plan, and Measurement System for Physician Quality Improvement

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BC PATIENT SAFETY & QUALITY COUNCIL working segetive accelerating representation



## Lessons from around the world on improvement

# A series on international health reform

**MACQUARIE** University



# A series on international health reform



Health Systems Improvement Across the Globe Success Stories from 60 Countries



Jeffrey Braithwaite Russell Mannion Yukihiro Matsuyama Paul Shekelle Stuart Whittaker Samir Al-Adawi

CRC Press



MACQUARIE University

### A series on international health reform





Across the Globe Success Stories from 60 Countries

Health Systems Improvement

#### Edited by Jeffrey Braithwaite

**Russell Mannion** Yukihiro Matsuyama Paul Shekelle Stuart Whittaker Samir Al-Adawi



#### **Healthcare Systems**

**Future Predictions for Global Care** 



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### A series on international health reform

#### **Healthcare Systems**

**Future Predictions for Global Care** 



MACQUARIE University



Reform, Quality and Safety Perspectives, ticipants, Partnerships and Prospects in **30** Countries

Jeffrey Braithwaite Yukihiro Matsuyama **Russell Mannion Julie Johnson** 

Healthcare

Edited by Jeffrey Braithwaite **Russell Mannion** Yukihiro Matsuyama Paul Shekelle Stuart Whittaker Samir Al-Adawi

Health Systems Improvement

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Stuart Whittaker Samir Al-Adawi

### 26 chapters, 14 mentions of surgical procedures

#### Healthcare Reform, Quality and Safety

Perspectives, ticipants, Partnerships and Prospects in 30 Countries

Jeffrey Braithwaite Yukihiro Matsuyama Russell Mannion Julie Johnson



#### Healthcare Systems

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Future Predictions for Global Care





Paul G Stuart CRC Press Tale & France Comp Samir

### 26 chapters, 14 **nt** mentions of surgical procedures



Perspectives, ticipants, Partnerships and Prospects in 30 Countries

Jeffrey Braithwaite Yukihiro Matsuyama Russell Mannion Julie Johnson 58 chapters, 17 mentions of surgical procedures



Jeffrey Braithwaite Russell Mannion Yukihiro Matsuyama Paul Shekelle Stuart Whittaker Samir Al-Adawi



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#### Healthcare Systems

Future Predictions for Global Care





Jeffrey Braithwaite Russell Mannion Yukihiro Matsuyama Paul G. Shekelle Stuart Whittaker Samir Al-Adawi

#### 26 chapters, 14 nt mentions of surgical procedures

#### Healthcare Reform, **Quality and** Safety

Perspectives, cipants, Partnerships and Prospects in **30** Countries

**Jeffrey Braithwaite** Yukihiro Matsuyama **Russell Mannion** Julie Johnson

58 chapters, 17 a! mentions of surgical procedures



Yukihiro Matsuyama Paul Shekelle Stuart Whittaker Samir Al-Adawi

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### 57 chapters, 12 mentions of surgical procedures





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## Contributors



- 161 contributing authors from over 60 countries
- Five low-income, 22 middle-income, 35 high-income healthcare systems, covering two-thirds of the world's 7.4 billion people
- The authors' tasks were to:



## **The Americas**





## Europe





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## **Africa**

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## **Eastern Mediterranean**

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# South-East Asia and the Western Pacific





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## Key messages

- Positive deviance approach: what goes right is important to understand
- All health systems provided a success story, regardless of wealth, political structure, and available resources



# Learning across boundaries and borders



- Learning across geographical borders: Close neighbours and other countries
- Learning across professional roles: Many stakeholders
- Learning across disciplines: Aged, acute, community care





Improvement takes place in complex adaptive systems

## **Properties of complexity**



- 2. Interacting
- 3. Self-organised
- 4. Collective
- 5. Networks
- 6. Rules
- 7. Emergence

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- 8. Uncertainty
- 9. Adaptive
- 10. Dynamical
- 11. Bottom up
- 12. Transitional
- 13. Feedback
- 14. Path dependence

[Braithwaite 2010; Braithwaite 2015. Gaps in systems]

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### But healthcare really looks like this ...

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## **The Cynefin Framework**





Simple Complicated

### Complex

Chaotic

## **Examples in healthcare**





Simple

### Complicated

### Complex

#### Chaotic


## Participants: what are your experiences of complexity?

#### **Complexity Science in Health Care: A WHITE PAPER**



Clay-Williams, Nikki Damen, Jessica Herkes, Chiara Pomare, Kristian: Ludlow

ustralian Institute of Health Innovation, Macquarie University, Anstralia

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#### **Everyone struggles with complexity: Lynch Syndrome**





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[Source: Taylor et al 2016]



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#### What works? EPOC evidence



- Audit and feedback (which can lead to small but potentially important changes in provider behaviour)
- Local opinion leaders (the best way to make use of local opinion leaders is unclear)
- On-screen point of care reminders (which can lead to small to modest improvements in provider behaviour)

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[Sources: EPOC; Flodgren et al 2011; Balas et al. 2000]

#### What works? EPOC evidence



- Interventions to promote safe and effective use of medicines by consumers (no single beneficial strategy can be identified)
- Educational outreach (AKA academic detailing) (consistent, small and potentially important impacts on prescriber behaviour)
- Tailored intervention strategies to change health practitioner performance (small to moderate impacts, but the effect is variable)

AUSTRALIAN INSTITUTE OF HEALTH INNOVATION Faculty of Medicine and Health Sciences [Sources: EPOC; Flodgren et al 2011; Balas et al. 2000]



## Cultures of care and teamwork

### What's culture?



- Culture: sets of beliefs, ideas, practices and behaviours
- "The way we think around here"
- "The way we do things around here"
- Our: worldview, assumptions, outlook, norms, values
- The collective things we agree on, taking these things for granted

#### Culture – a model





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[Braithwaite, 2011]

#### Culture in complex systems: The tip of the iceberg





[Source: based on a conceptualisation by Sackmann, 1991]

#### And there's books on this

 The characteristics of surgeons, doctors, nurses and allied health professionals

• Despite MDT, they are tribal!



Culture and Climate in Health Care Organizations

Edited by Jeffrey Braithwaite, Paula Hyde and Catherine Pope



#### Culture – an update

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 Is there a relationship between organisational culture and patient outcomes? Who believes ...

Open Access		Protocol
BMJ Open	Association between workplace cultures, a outcomes: systematic	organisational and and patient review protocol
	J Braithwaite, J Herkes, K Ludlow, G Lamp	orell, L Testa
To cite: Braithwaite J, Herkes J, Ludiow K, et al. Association between organisational and workplace cultures, and patient	ABSTRACT Introduction: Despite widespread interest in the topic, no current synthesis of research is available analysing the linkages between organisational or workplace	Strengths and limitations of this study
		<ul> <li>We lack adequate understanding of how cultural characteristics in healthcare organisations and</li> </ul>

#### Culture – an update



 Is there a relationship between organisational culture and patient outcomes? Who believes ...

#### The answer is yes: across 62 studies

#### **Open Access**

Protocol

**BMJ Open** Association between organisational and workplace cultures, and patient outcomes: systematic review protocol

J Braithwaite, J Herkes, K Ludlow, G Lamprell, L Testa

AUSTRALIAN INSTITUTE OF HEALTH INNOVATION Faculty of Medicine and Health Sciences To cite: Braithwaite J, Herkes J, Ludiow K, et al. Association between organisational and workplace cultures. and patient

#### ABSTRACT

Introduction: Despite widespread interest in the topic, no current synthesis of research is available analysing the linkages between organisational or workplace

#### Strengths and limitations of this study

 We lack adequate understanding of how cultural characteristics in healthcare organisations and

### TCRN – Eastern Sydney





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[Long et al. 2016. Structuring successful collaboration]

#### But ...





 Problem solving networks in an ED

Nurses Doctors Allied health Admin and support

[Creswick, Westbrook and Braithwaite, 2009]

#### But ...





 Medication adviceseeking networks in an ED

Nurses 
Doctors
Allied health
Admin and support

[Creswick, Westbrook and Braithwaite, 2009]

#### But ...





 Socialising networks in an ED

Nurses O Doctors O Allied health O Admin and support O

[Creswick, Westbrook and Braithwaite, 2009]



## These studies signal better teamwork, trust and collaboration



- You want individuals or groups to have a better culture?
- Or improve their capacity to recognise their own cultural characteristics?



- Or make your current culture work better?
- Consider this ...



- Use a change model [that fits your purpose?]
- Take some baseline measures of your culture [Anecdotal? Survey? Observational? External review?]
- Enroll colleagues
- Create a critical mass of support



- Develop a vision and game plan
- Vision: what will your new culture look like?
- Who will help you shape it?
- Who will hinder your efforts?
- By when will you hope to achieve it?
- What steps will you take?



## Leadership behaviours



## Leadership What does this equation mean?

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## $L(H) \neq \Sigma (m^1, m^2 ... m^n)$

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### **Resolving the equation**



- L(H) ≠ Σ (m<sup>1</sup>, m<sup>2</sup> ... m<sup>n</sup>) means: the leadership in the health sector [L(H)] is not the same [≠] as the sum of [Σ] all the management activities [(m<sup>1</sup>, m<sup>2</sup> ... m<sup>n</sup>)] that take place
- But in the health systems we know there is too much short term management and not enough longer term leadership

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[Braithwaite, Leadership in Health Services, 2008]



## So, leadership is more than the sum of its management parts

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#### In surgery: qualities of a good leader

- Empathy
- Consistency
- Honesty
- Direction
- Communication
- Flexibility
- Conviction

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[Source: https://www.leadership-toolbox.com/characteristic-of-AUSTRALIAN INSTITUTE OF HEALTH INNOVATION leadership.html] Faculty of Medicine and







## Think about how you influence the culture as a leader





## Finally ... resilient health care

#### Safety-I and Safety-II





#### Safety-I and Safety-II

The amazing thing about health care isn't that it produces adverse events in 10% of all cases, but that it produces safe care in 90% of cases



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## Safety-I – where the number of adverse outcomes is as low as possible Trying to make sure things don't go wrong



## Safety-II – where the number of acceptable outcomes is as high as possible *Trying to make sure things go right*



# Few people have ever looked at why things go right so often



# Can we shift the emphasis to a more positive approach?

# To make sure things will go right more often?




## **Policy-makers**, executives, managers, legislators, governments, boards of directors, software designers, safety regulation agencies, teachers, researchers ...



## **Policy-makers**, executives, managers, legislators, governments, boards of directors, software designers, safety regulation agencies, teachers, researchers ...

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Are you on

this list?



# The blunt end tries to ...

# shape, influence, nudge behaviour





# What they do seems perfectly logical, obvious and feasible







## In health care, those doing WAI have designed, mandated or encouraged a bewildering range of tools, techniques and methods, to reduce harm to patients.



# E.g., root cause analysis, hand hygiene campaigns, failure modes effects analysis ...



# And there are lots of others ...

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## Meanwhile work is getting done, often *despite* all the policies, rules and mandates

### WAD—workarounds



Glove placed over a smoke alarm, as it kept going off due to nebulisers in patients' rooms



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A leg strap holding an IV to a pole, as the holding clasp had broken

Plastic bags placed over shoes to workaround the problem a of gumboot (welly) shortage



## **WAD**—fragmentation



# **Doctors in Emergency Departments in a study:**

- Were interrupted 6.6 times per hour
- Were interrupted in 11% of all tasks
- Multitasked for 12.8% of the time

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[Westbrook et al. 2010. Qual Saf Health Care]



## **Doctors in EDs in a study:**

- Spent on average 1:26 minutes on any one task
- When interrupted, spent more time on tasks
- And ... failed to return to approximately 18.5% of interrupted tasks

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[Westbrook et al, 2010, Qual Saf Health Care]

## **Encourage resilience**



- 1. Look at what goes right, not just what goes wrong
- 2. When something goes wrong begin by understanding how it (otherwise) usually goes right
- 3. Be proactive about safety try to anticipate developments and events
- 4. Be thorough, as well as efficient (the ETTO principle)



## Discussion: comments, questions, observations?

### **Australian Institute of Health Innovation**



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### **Recently published books**





### **Forthcoming books**





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