Clear Webinar Series:
Appropriate Use of Antipsychotics

October 11, 2018

Clear

Please note:

This webinar is being recorded

Personal information in this initiative is collected under s.26(c) and 26(d)(ii) of the Freedom of Information and Protection of Privacy Act. The information is being collected in order to facilitate training and education as part of Clear. This webinar is being recorded and will be shared with program participants. We ask that you refrain from identifying patients, specific team members or offering any other personal information. If you have further questions, please contact the BCPSQC at 604 668 8210 or clear@bcpsqc.ca.

Your Clear team

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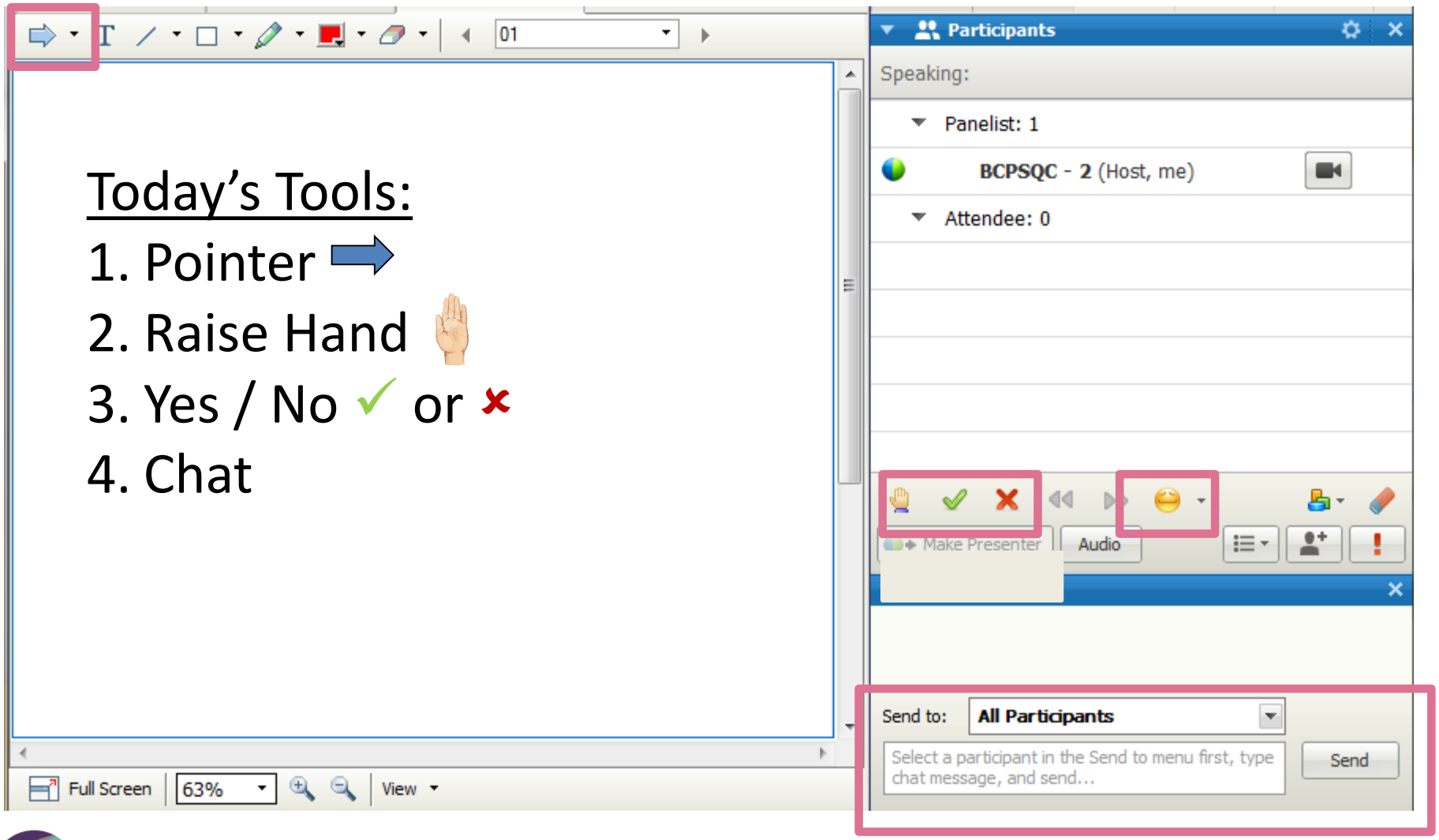
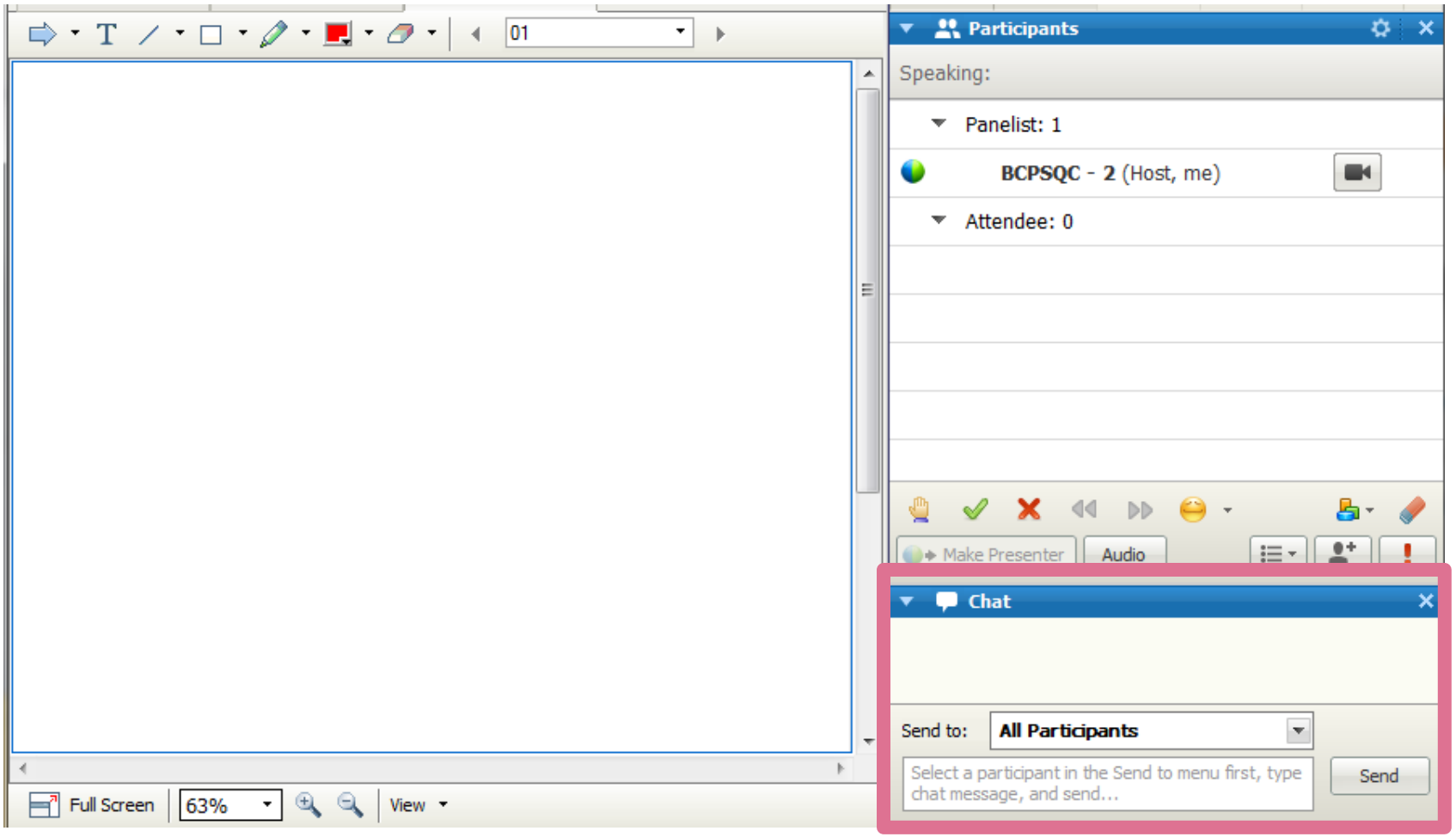
Interacting in WebEx



Which care home are you from?



Clear

BC PATIENT SAFETY & QUALITY COUNCIL
Working Together. Accelerating Improvement.

Quick Reminder…
Monthly Reports & Data Due

Learning Objectives

1. Define deprescribing and why it's important
2. Explore different ways to include patients and family members in decisions around medications
3. Identify a change that could be made for one of your residents

Johanna Trimble

Why you need to partner with the family

- Staff see what they EXPECT to see in that POPULATION (and act accordingly)
- The family notices when they see something they DO NOT EXPECT to see
- The family knows the baseline for their family member
- So, please INVITE FAMILY FEEDBACK (don't just hope they'll say something)
- Act on it

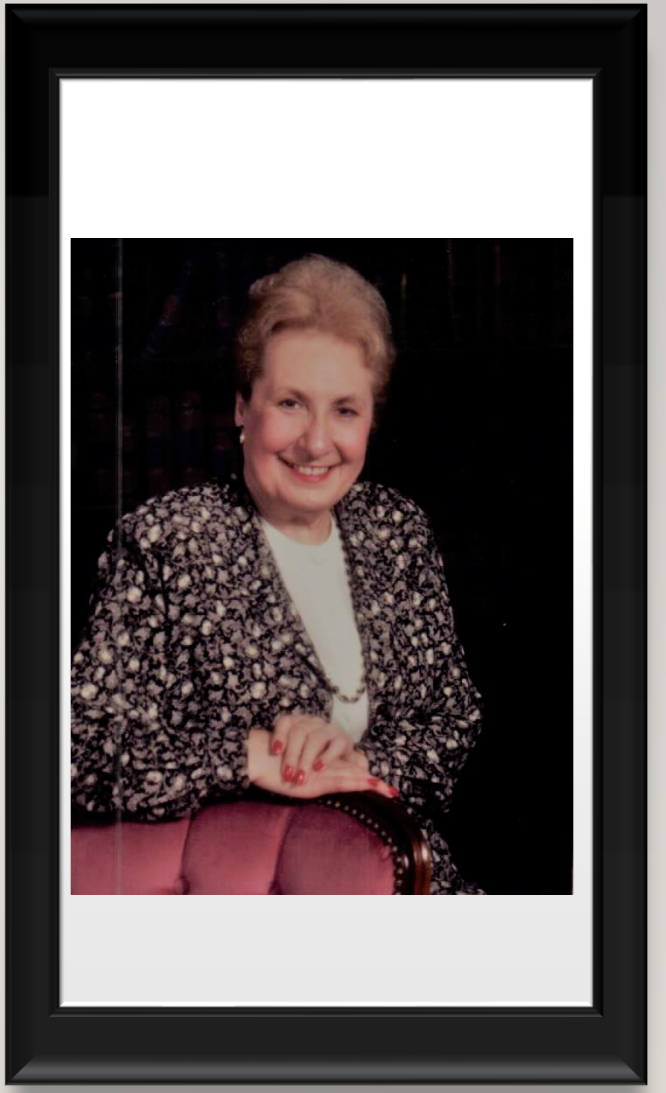
Susan Conklin

A WALK IN GWEN'S SHOES

GWEN

Gwen was born in Stratford, England in 1922.

She always loved entertaining.



THE SARGENT

She was stationed in London, England and Scotland during the war.

She taught communications and Morse Code.

THE ENTERTAINER

She became the female lead on a Canadian variety show for 11 years.

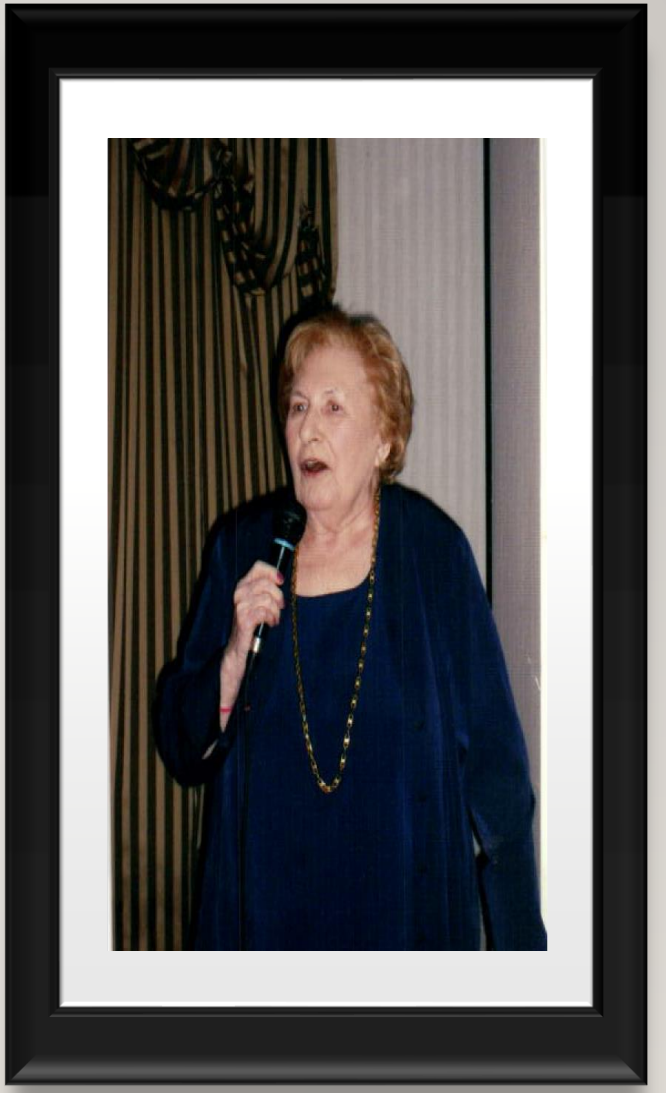
She also frequently appeared at the Stratford Festival and in Charlottetown's Anne of Green Gables.

THE SENIOR

She continued performing into her late 80's.

She lived alone in an apartment at the Performing Arts Lodge until the age of 89.

She described herself as a "tough old bird".



A MOVE TO LONG TERM CARE

After a decline in cognitive functioning and 3 falls in six weeks, her hospital physician insisted on Long Term Care.

NO MORE GIN AND TONICS, SHOPPING, ENTERTAINING, LATE NIGHT READING OR SNICKERS UNDER THE BED

CAN YOU HELP ME, PLEASE!

WHAT'S GOING ON?

- "It's to be expected of a person her age."
- "It's for her own safety."
- "Calling out all the time has increased and it can be really annoying."
- We are giving her something to calm her down.

POLYPHARMACY

The use of multiple medications and/or the administration of more medications than are clinically indicated, representing unnecessary drug use.

A MEDICATION REVIEW

A quarterly practice of reviewing patient medications including a once yearly interdisciplinary review.

Objectives:

- Promoting healthier patient outcomes and better resident-focused care
- Improving and optimizing drug therapy for residents of Long Term care homes
- Promoting interdisciplinary collaboration in patient care

EXTERNAL CONSULTANT REPORT

- The anti-depressants are likely to be having a role in her destabilization
- Risperdal is excessive at the moment
- The Statex is not necessary
- Test for possible urinary tract infection

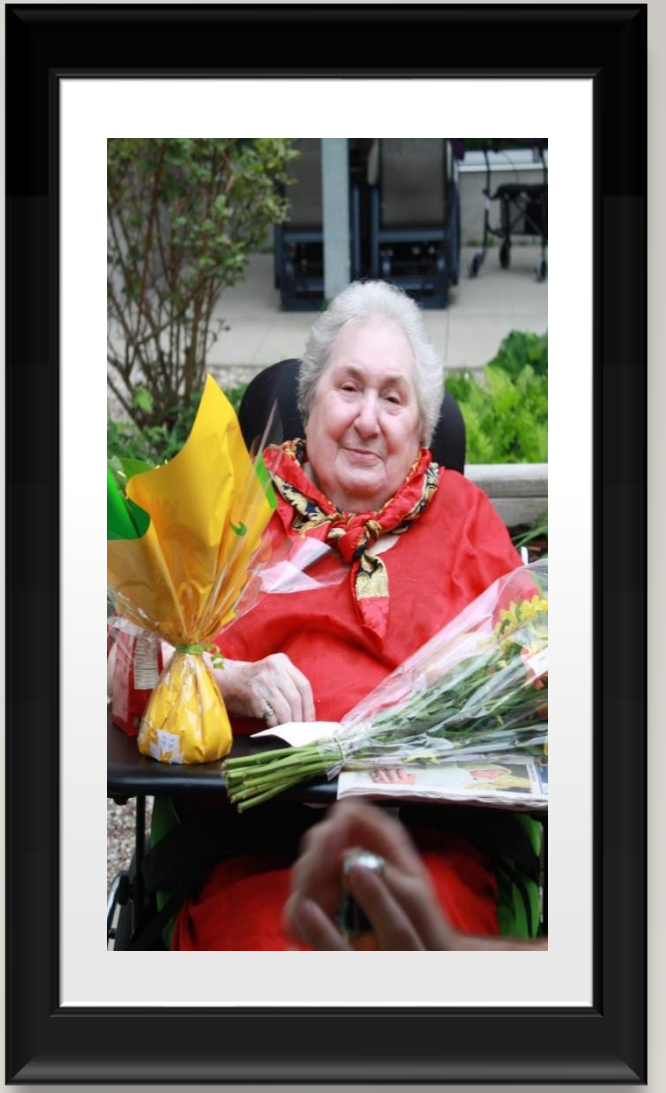
DEPRESCRIBING

Tapering or stopping medications that may be causing harm or are no longer providing benefit as well as monitoring for adverse drug withdrawal reactions in elderly patients.

EXTERNAL CONSULTANT: RECOMMENDATIONS

- Stop Statex
- Reduce Risperdal
- Reduce Cipralex
- Reduce Trazodone
- Reduce Oxazepam
- Slowly eliminate Seroquel and Benzodiazepines

DEPRESCRIBING BROUGHT LIFE BACK FOR MY MUM



HOW A DIFFERENT APPROACH HAD A DIFFERENT RESULT

Introductions all around

Family views really matter

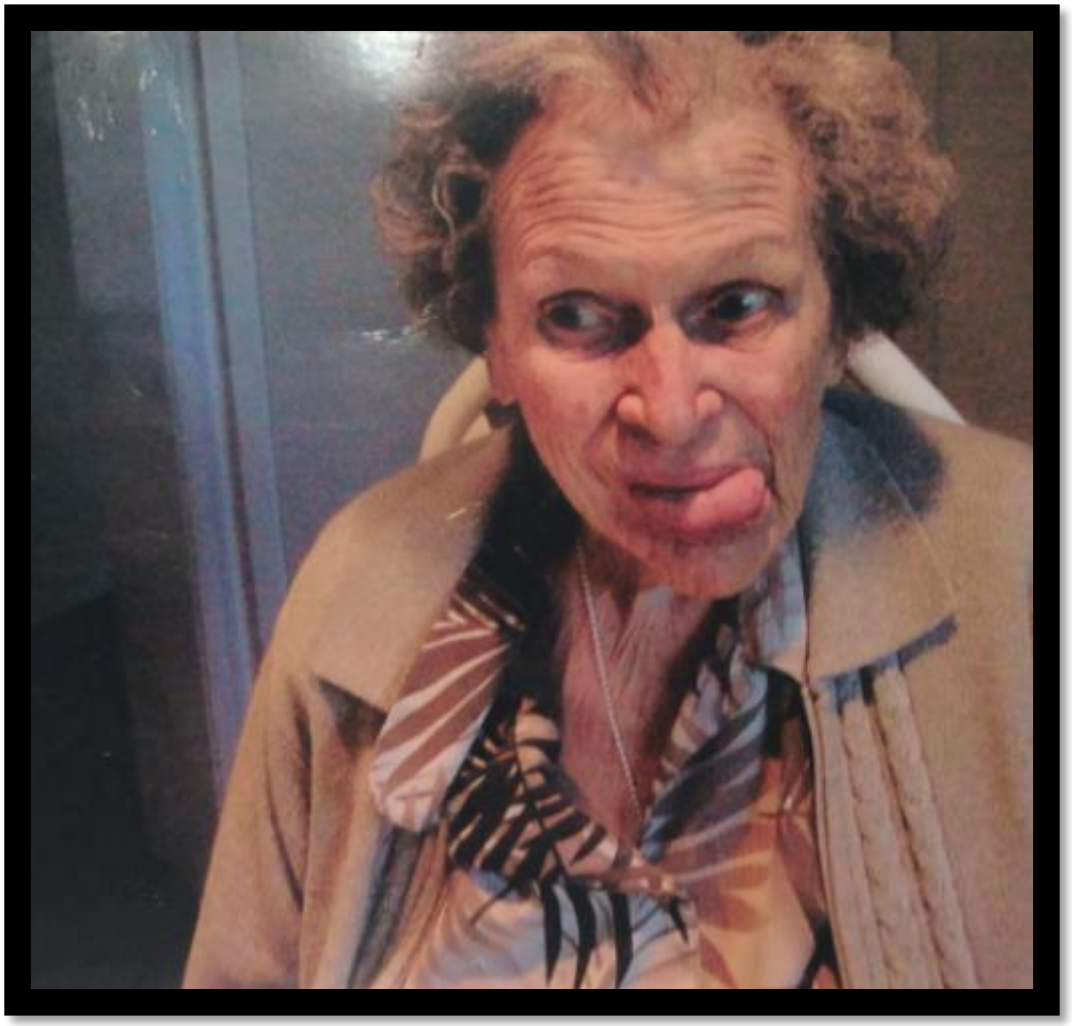
Getting to know Gwen

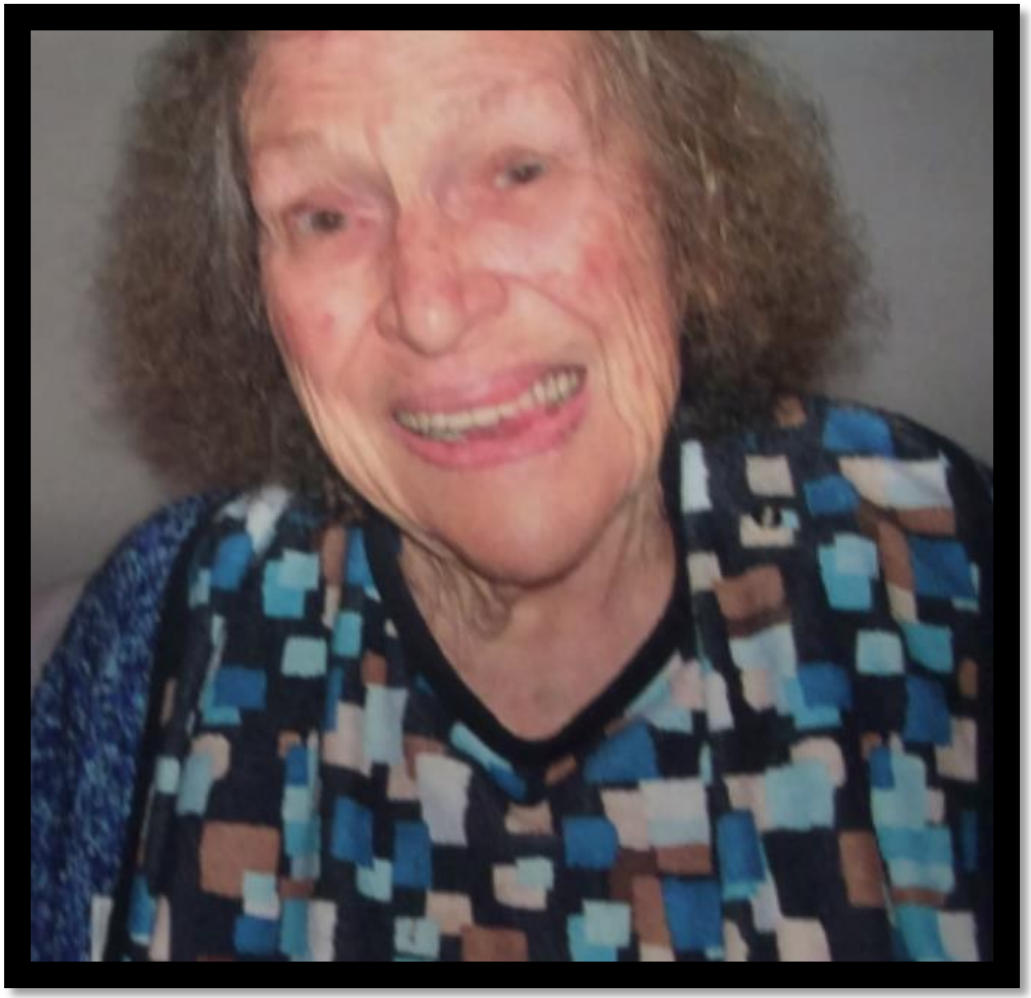
It's about Gwen

Courage and care

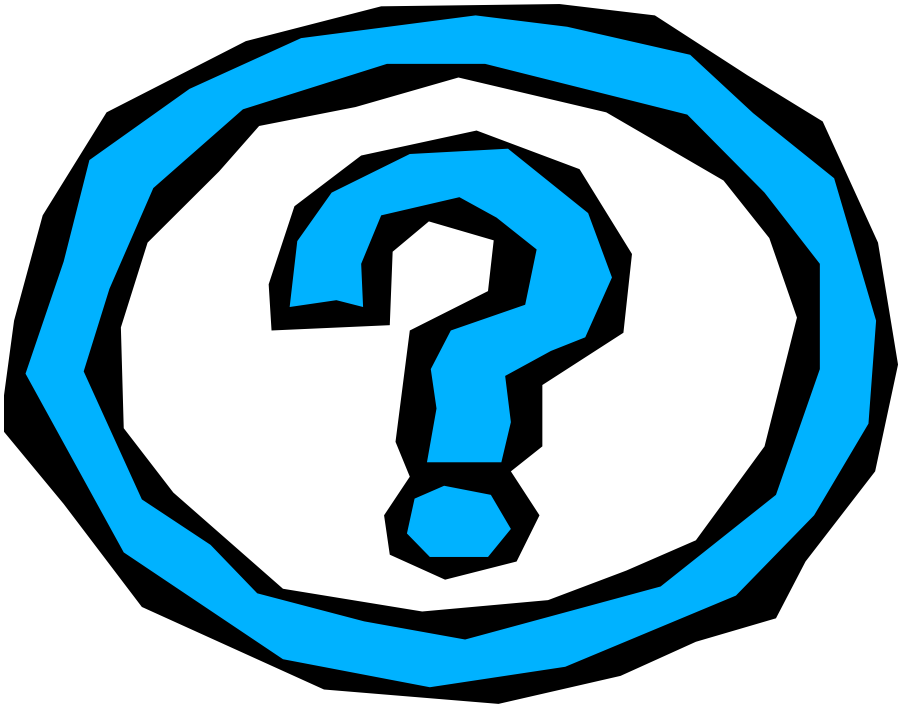
Sharing the goods

A different kind of care plan review





Questions?

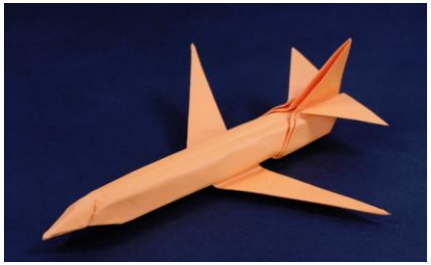


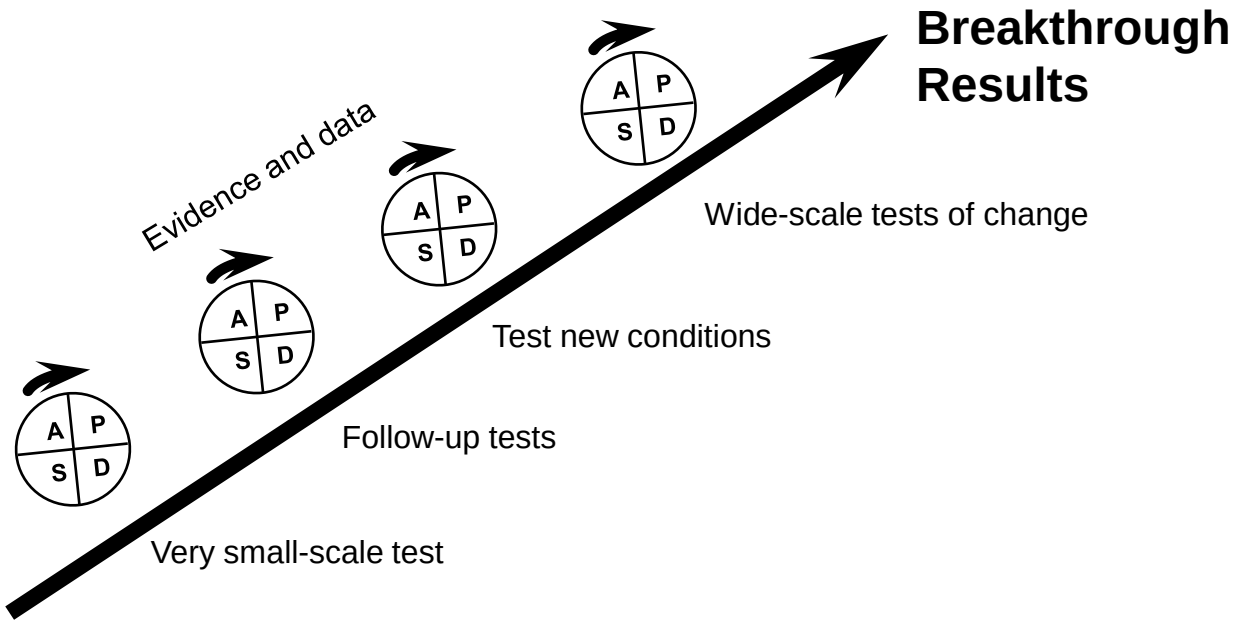
What is one thing you heard today that you may start to use by next Tuesday?

Regional Gatherings

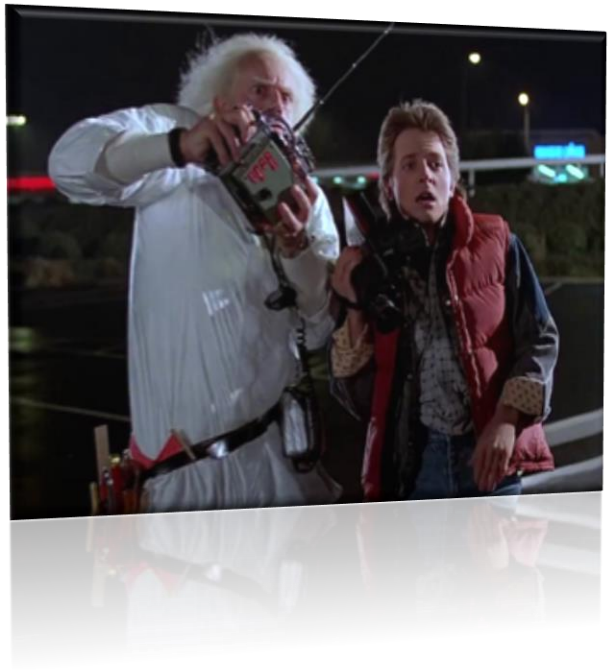
One More In-Person/Virtual Upcoming in Fort St. John, Prince George & Burn's Lake!

Please Do Something, Anything (by next Tuesday)





Now travel back in time…



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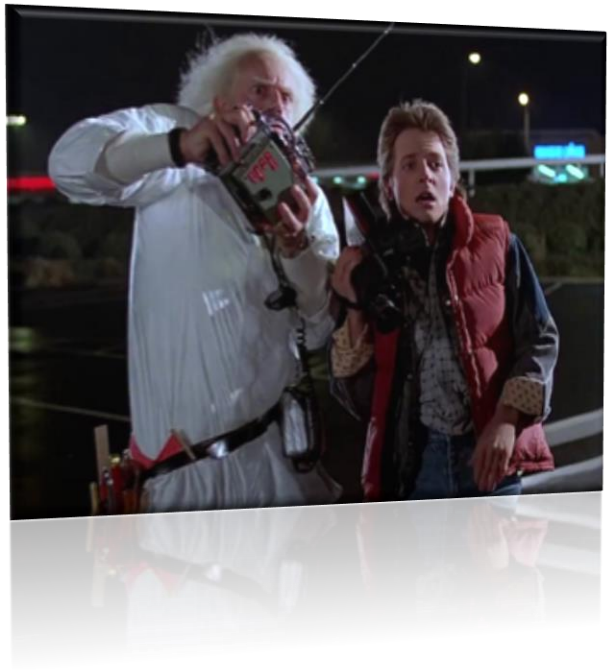

Upcoming Webinars

- *UPDATE* October 31 – Managing Pain
- November 22 – TBD
- December 13 – TBD

Thank You

Participating Teams

Faculty

Support Team

Guest presenters

Evaluation!

Please complete the evaluation of the webinar after you close the WebEx.